



Are You Pregnant?

You may qualify to help researchers at the University of Colorado Colorado Springs understand how your sleep affects your mood during pregnancy.

You may qualify if:

- You are < 20 weeks pregnant
- You are between the ages of 18-45
- You have a history of depression
- In generally good health
- Willing to come to UCCS for 3 visits (2 while pregnant and 1 after 3 months postpartum)
- Willing to provide blood and saliva samples

Participants will be compensated up to \$100.

This is NOT a medication or treatment study.



For additional information, contact:

Study Coordinator Chris Griffith at pridestudy.uccs@gmail.com or 520-302-5797

Or PI Michele Okun, Ph.D. at 719-357-5780 or mokun@uccs.edu